



# 2007 Calendar

Care and Community for Adults

annual report



presented by

We are thrilled to bring you the second publication of the **Joy's House Annual Report and Calendar**. Last year's response left us with no choice but to create another, and we were so happy that you enjoyed being a part of Joy's House in this capacity!

When we look back on the last year, we realize that it has been one of our toughest yet as a business. However, we are pleased to tell you that we have served more families than ever in Joy's House history, and our care has only gotten better! I would like to share with you where we have been this past year and where we see ourselves going in the future:

#### **GUEST SERVICES**

Where we've been - 2006 brought us our first day at capacity for Guest (client) attendance. For years I have insisted that our capacity is 25 Guests per day. My co-workers have arguably stated, "That's too many." To this I would respond, "Show me a day with 25 Guests and then we can decide that it is too many." Well, they were right! We have lowered our capacity to 23 Guests per day.

Where we are going - Since that first full day last fall, Joy's House has operated at or near capacity every single day. This leads us to expansion...

#### **EXPANSION PLANS**

Where we've been - We've been crowded and we all (Guests and staff) have been tolerant of limited space but it has been a challenge. With our growth, not only do we not

have enough space, but also what we do have has proven to need renovations to better serve our families.

Where we are going - We've hired a local architecture firm, and we are working on plans for expansion. Our Capital Action Team has been working for nearly a year on a feasibility study and ways to prepare for a capital campaign so that we can add the appropriate space to our current location, while also renovating our existing facility to meet the needs of those we serve.

#### **ADMINISTRATION**

Where we've been - Due to our growth, we were fortunate to create additional Guest Relations Assistant positions, as well as a Development Coordinator position funded in part through a two-year grant. In addition, thanks to another grant that was given to help Joy's House mature, our Board of Directors was able to take their first retreat, which was facilitated by a local consultant.

This retreat allowed the Board focused time to discuss the future of Joy's House and to make many important decisions on how we can continue to improve our services.

Where we are going - Our Board of Directors is focused on advancing in terms of organizational ownership, fundraising and expansion plans. It is so much fun to see this dynamic and devoted group who works for the betterment of Joy's House.

#### **COMMUNITY EDUCATION & MARKETING**

Where we've been - We've been busy with

public speaking opportunities and other avenues to introduce people to Joy's House and the concept of adult day services.

Where we are going - We will be working this year on a true marketing plan. We can't tell you what it looks like just yet, because we are at the beginning stages, but we know that it will help to take Joy's House to the next level with our services.

#### **CAREGIVER SERVICES**

Where we've been - We've worked closely with caregivers to explore their needs through focus groups, *A Day Away* caregiver retreat and educational sessions.

Where we are going - We don't plan to change a thing. The feedback that we have received from caregivers is that they need the support as much as the Guests who attend Joy's House for day services. We are pleased to be a part of this support system and plan to continue in any way needed.

#### **OUR INVITATION TO YOU**

As always, you are welcome to visit Joy's House at any time. We embrace every opportunity to share our services and facility with others. Please contact us at (317) 254-0828 or just stop in at a convenient time for you. We would love the opportunity to introduce you to our Guests and staff.

As Always ~

Tina McIntosh,  
President/CEO and Founder



A Note from Tina

**OUR CALENDAR MODELS:**

Aren't the photographs in this piece wonderful? Are the people professional models? No! Are the images commercial stock art? No! These are our actual Joy's House Guests (clients), and all images were taken at Joy's House in the rooms that we use each and every day!

Special thanks to photographer Angie Cinnamon and make-up artist Betsy Stark for sharing their talents with our Guests.

Our 2007 calendar "models" are (left to right):



Top row:  
Miss Bobble, Dr. Phil,  
Miss Jo, Mr. Jack, Miss June

Middle row:  
Mr. RV, Miss Gerry, Mr. Lee

Bottom row:  
Mr. Tom, Miss Susie, Miss Jennifer,  
Mr. Mark and his wife Susan

**IN MEMORY OF:**

Joy's House would like to take the opportunity recognize those Guests and friends who are no longer with us and those in whose memory we received contributions (Jan. 1, 2005 – Dec. 1, 2006). We are touched that we could be a part of your lives (alphabetically): John Andrews, Florine Barrett, Elizabeth Cupps, Lou Clifford, Fred Gahimer, Tom Helm, David Locke, Phillippa Lynn, Ruth Manning, Wilma O'Gwinn, Victor Seaman, Elizabeth Stanton and Irene Tyrer.



*Staff*

(Front row, left to right):

Joanna Good, Guest Relations Assistant  
Sarah Goodman, Guest Relations Assistant  
Tina McIntosh, President & CEO

(Back row, left to right):

Raena Alexis Latina, Development Coordinator  
Angela Potter, Guest Relations Assistant  
Laura Johnson, Family Care Director  
Nicole Houston, Guest Relations Coordinator  
Liz VanLandingham, Operations Director  
Amy Henninger, Event Coordinator  
(Not shown:)

Lisa Thompson, Guest Relations Assistant

*Board of Directors*

Joy Beghtel  
Jim Bowman, Carrier  
Leigh Ann Clayton, Union Savings Bank  
Debra Clements  
Sarah Harris, Emmis Communications  
Patty Jones, Insurance & Financial Services, LLC  
Mike Merkel, La Rosa & Co., LLC  
Tim Oliver, Chase  
Melanie Perry, American Senior Communities

(All listings as of Dec. 20, 2006)

*Board Advisors*

Jim Anderson, Northwestern Mutual Financial Network  
Todd Bolster, mediasauce  
Kristi Bratzke  
Angle Cinnamon, Angle Cinnamon Photography  
Bill Crawford, Simon Property Group  
Anne Crosbie, Creating-forward  
Amy DiStaulo, DiStaulo Consulting  
Dr. Amy Hampton, Dental Spa  
Tina Hayes, Marion Superior Court  
Lora Huber Branson, Capital Group Companies, Inc./American Funds  
Carrie Garvey Lawson, Century 21 Diversified  
Kelle Lindenberg, Capital Group Companies, Inc./American Funds  
Scott Lindenberg, Echelon Realty Advisors  
Anissa Madru, Home Services Unlimited, Inc.  
Vicki Maynard, CVA  
Robert Rush, United Way  
Vincent Saul, Morgan Stanley  
Barb Schettlin Smith, Schettlin Communications, Inc.  
Eric Schneller, Crew Property Improvement Specialists  
Chuck Scholer, Shiel Sexton Co., Inc.  
Ben Schreiber, Herff Jones, Inc.  
Brad Skillman, The Skillman Corporation  
Susan Smith  
Jennifer Zehr, The Mansion at Oak Hill

*Directors Council*

Connie Beran, Concordia University  
Mark Franke, Frito-Lay, Inc.  
Erin Hedges, Hedges & Associates  
Stephanie Jarmagin, Rehabilitation Hospital of Indiana  
Tamatha Stevens, Esq., Stevens & Associates  
Art Timpe, Timpe & Timpe Financial Advisors

*Our Family*

## *Serving Our Community*

In 2005, we provided 4,032 days of service, (averaging 336 days each month) supporting hundreds of families with direct care services and hundreds more with referrals to industry-related services and organizations. For 2006, we found our numbers growing and operated at or near capacity each day toward the end of the year.

Joy's House serves adults over the age of 18, with a current average age of 59. Our Guests (clients) represent racial diversity and cover all socioeconomic levels (approximately 20% of our Guests have received partial scholarships for Guest attendance), 69% of our Guests are considered senior citizens, and 98% are living with physical and/or mental challenges in some capacity.

### *Our Mission:*

To provide an opportunity for aging adults, and those living with physical and mental challenges, to participate in a social environment designed to improve quality of life, while also offering temporary relief for their caregiver(s)

### *As staff, volunteers & supporters of Joy's House, we are called to:*

- + Serve families in need of care & compassion
- + Provide a safe, accepting & welcoming environment
- + Treat our Guests with respect & adoration
- + Embrace our visitors & provide opportunities for belonging
- + Grow as the need & support allows
- + Share our mission with others
- + Be present when needed - giving our hearts & minds to every moment

### *Our Five Main Objective Include:*

- + Delivering the most effective and appropriate services to our Guests
- + Offering unique and original opportunities for our caregivers
- + Increasing the community's awareness of lifestyle alternatives for the aging and challenged population, while serving as a support for issues related to this population and their caregivers
- + Working with employers to understand the needs of caregivers and inventive ways of retaining these employees
- + Operating as an innovative and effective not-for-profit business

*Our Values*

# Joy of the Journey

Thank you for your continued support! Listing includes cash, in-kind (\*) and combination (\*\*) donations, Oct. 1, 2005–Dec. 30, 2006. We make every effort to ensure that our records are up-to-date. If we have incorrectly listed or omitted your name, please contact Raena at Joy's House, 317-254-0828, so that we may adjust our records. If you are interested in becoming a *Joy of the Journey* participant, please call us!

## *Vision of Joy (\$10,000+)*

Anonymous  
The Capital Group Companies,  
home of the American Funds  
Indianapolis Monthly\*  
The Indianapolis Retirement Home Fund  
of the Central Indiana  
Community Foundation  
The James Proctor Fund for aged men  
and women, a fund of The Indianapolis  
Foundation and The Indianapolis  
Indiana Community Foundation  
Lilly Endowment, Inc.  
Richard M. Fairbanks Foundation, Inc.  
Sport Graphics\*  
St. Paul's Episcopal Church  
Union Savings Bank

## *Joyful Inspiration (\$5,000+)*

Anonymous  
Anonymous  
Hoeglin Fine Catering\*  
Schettlin Communications\*  
Indianapolis Star Season For Sharing/  
Gannett Foundation  
Nicholas H. Noyes, Jr. Memorial  
Foundation, Inc.  
Welpoint, Inc.

## *Guardian Angels of Joy (\$1,000+)*

American Pie Catering\*  
American Senior Communities  
American Village\*\*  
Angie Cinnamon Photography\*  
Anonymous  
Assistance League of Indianapolis\*  
Dr. Sue Bartz/The Neighborhood Veterinarian  
Bill Estes Chevrolet\*  
Biomet Heartland Orthopaedics, Inc. –  
Jeff Hellman  
Jim & Nancy Bowman  
Lora Huber Branson  
John Bruton  
Cachet Interiors\*  
Dalton-Cole & Associates\*\*  
Dillman & Hoeltke Greenhouses\*  
Stephanie & Keith Ford  
Lisa Hartley  
Erin Hedges & Brian Dillman  
Helmer  
Home Helpers  
Hook Drug Foundation, Inc.  
Hoover Family Foundation  
Mike & Rosie Houk  
Jarnagin Enterprises, Inc.  
Mike & Kris Kirschner  
Legacy Fund, a Central Indiana  
Community Foundation affiliate

Kelle Lindenberg  
Scott Lindenberg  
Alice Locke  
The Mansion at Oak Hill\*\*  
Pfeiffer, Inc.  
mediasauce\*  
Pacers Foundation, Inc.  
Quotient Inc.  
Karen Ridenour  
Schreiber Entertainment\*  
St. Barnabas Outreach Ministry  
St. Elizabeth Ann Seton Catholic Church

## *Champions of Joy (\$600+)*

The Brickman Group, LTD  
Myra Borschoff Cook  
Christine & Charlie Douglas  
Energizing Life\*  
G. Thrapp Jewelers\*  
Carrie Garvey Lawson & Paul Lawson  
Herff Jones Printing\*  
iQuest Internet LLC  
LINK Youth Advisory Council Fund,  
a fund of Legacy Fund  
Northside Knights of Columbus  
The Prudential Foundation  
Southwest Airlines\*  
Starbucks – Nora (86\* & Evergreen)\*  
Betsy Stark & Jennifer Zehr  
Larry & Margaret Zore

## *Friends of Joy's House (\$300+)*

Kerri Alexander & Matt Gladson  
Elaine Alhand & Laurie O'Brien/  
Female Golf Scramble  
Linda Atkinson  
Joy & Greg Beghtel  
Blonde Entertainment\*  
Amanda Borschoff

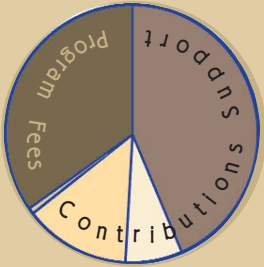
Bose, McKinney & Evans\*  
Joe & Angie Bowman  
Robin Bowman & Joseph Alligretti  
Abby Brand & Dede Brand  
Kristi & Chad Bratzke  
Amy Burmeister  
Carmel High School  
Circle City Athletics  
Megan Duffy  
Reid & Loretta Duffy\*\*  
Executive Service Corp.  
Matt & Heather Goblen  
John & Molly Griffin  
Haywood & Petrow  
Amy & Matt Heminger  
Indiana Health Care Association  
Jillian's\*

Andy & Laura Johnson  
Erich Kennerle  
Krieg DeVault LLP\*\*  
Raena Alexis Latina  
Bruce Livingstone  
Let's Dance Club\*  
Susanne McAllister/The McAllister Group  
Jeff & Tina McIntosh  
Meridian-Kessler Neighborhood Association  
Evan Miller  
David Matthews & Ellen Morley Matthews  
Morris Apparels\*  
Sheldon & Kim Ort  
Pak'rail at River's Edge and the Geist Center\*\*  
Curt & Melanie Perry  
Kylie Ragsdale  
Seals Ambulance  
ServPro Indianapolis\*  
Margaret Sheehan  
Jared Simmons  
Stoops Freightliner-Quality Trailer, Inc.  
Tuscan Mosaics\*  
Tuxedo Brothers\*  
Watson's\*  
The Westin Indianapolis  
Greg & Cheryl White  
Whitlock Painting\*  
Sharon Wilson  
Zink Distributing\*

Thank You Donors

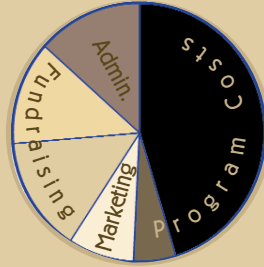
Figures indicated are for the tax year January 1 – December 31, 2005, based on our spring 2006 audit.  
 Joy's House is a registered 501(c)(3) organization as defined by the Internal Revenue Service.

### Operating Income



Program Fees	\$ 181,807.	35%
Contributions Support	\$ 341,247.	65%
Grants, Corporate Donations & Individual Contributions - 228,852		
Event Fundraising - 69,827		
In-kind (Goods & Services) - 41,295		
Misc. Income - 1,681		
<b>Total Income:</b>	<b>\$ 523,462.</b>	<b>100%</b>

### Operating Expenses



Program Costs	\$ 203,377.	51%
Administrative	\$ 56,486.	14%
Fundraising	\$ 109,692.	27%
Marketing	\$ 31,136.	8%
<b>Total Expenses:</b>	<b>\$ 400,691.</b>	<b>100%</b>

Financials

# February

"The sharing of joy, whether physical,  
emotional, psychic, or intellectual,  
forms a bridge between the sharers  
... and lessens the threat  
of their difference."  
- Audre Lorde

*Miss Bobbie, Joy's House Guest*

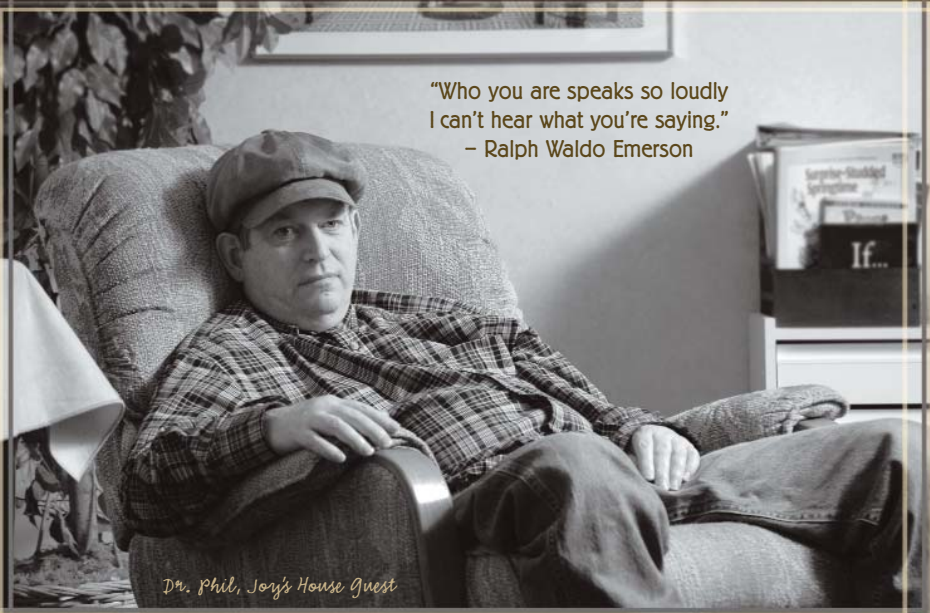


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>February</h1>				1	Groundhog Day 2 Can you see your shadow?	3
Super Bowl XLII (41) in Miami, Fla. 4	5 Choose to have JOY in your life	6	7	8	9 Last day to pre-order Valentine's Day dinner from Joy's House	10
11 Happy Birthday, Miss Linda!	12	13	14 St. Valentine's Day Pre-ordered Valentine's Day dinners available for pick-up at Joy's House	15	16	17
Daytona 500 18	President's Day 19	Mardi Gras 20	Ash Wednesday 21	22	23	24
25	26 Become a Joy of the Journey supporter for as little as \$25 per month	27	28 Skip TV tonight; read a good book	notes: _____ _____ _____		
	Visit Union Savings Bank for all your banking needs! 317-841-2222					

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March

"Who you are speaks so loudly  
I can't hear what you're saying."  
- Ralph Waldo Emerson



*Dr. Phil, Joy's House Guest*

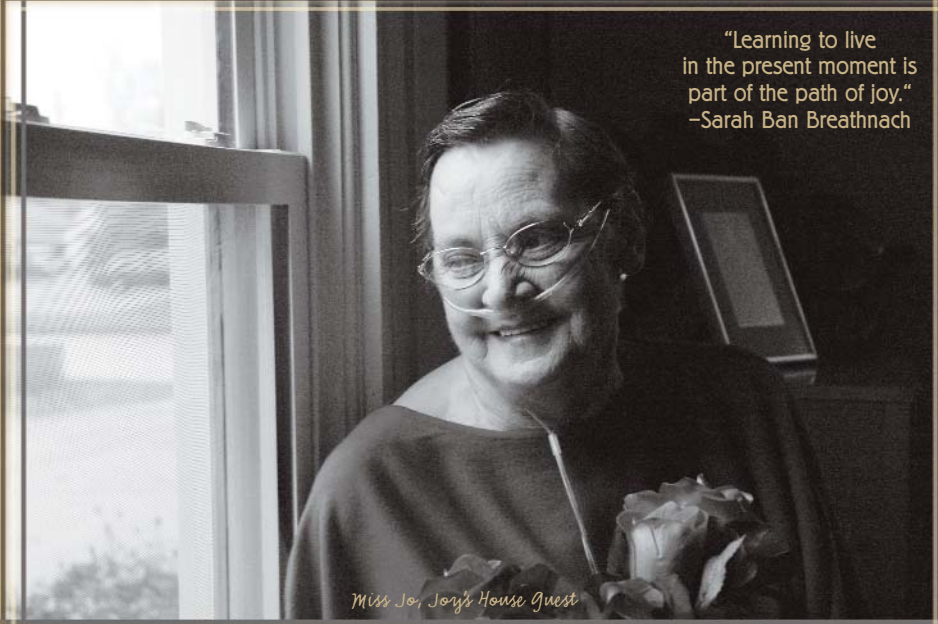
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>March</h1>			notes: _____ _____	1	2	3
Purim 4	5 Sign up for the Ripple Run!	6	7	8	9	10 
Daylight Savings Time Begins 11 Set your clocks ahead one hour	12	13	14	15	16	17 St. Patrick's Day Wear green or prepare to be pinched!
18	19	20	21 First Day of Spring <i>Spring into a new house! call Pete Gable, F.C. Tucker, 670-6087</i>	22	23 Spring Cleaning? Donate like-new items to Joy's House	24
25	26	27 Smile at a stranger	28	29	30 Get your sneakers ready →	31 
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April

"Learning to live  
in the present moment is  
part of the path of joy."  
-Sarah Ban Breathnach

*Miss Jo, Joy's House Guest*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April Fools Day Palm Sunday <i>Happy Birthday Debra! Love, Edrice</i>	1 <b>Buy your Reverse Raffle tickets today</b>	2 Passover Begins	3 4	5	6 Good Friday	7 Take a leisurely walk
8 Easter	9 Order your spring flowers from Joy's House!	10 Passover Ends	11	12 Educate yourself about planned giving	13	14
15	16 Don't forget your Reverse Raffle tickets!	17 CARE Plan caregiver meeting at Joy's House	18	19	20	21 Joy's House Reverse Raffle
22 Earth Day  Share Love	23	24 Volunteer to help prepare the Joy's House garden	25 Administrative Professionals Day	26	27	28 Plant a tree
29	30	 <i>April</i> notes: _____ _____ _____				



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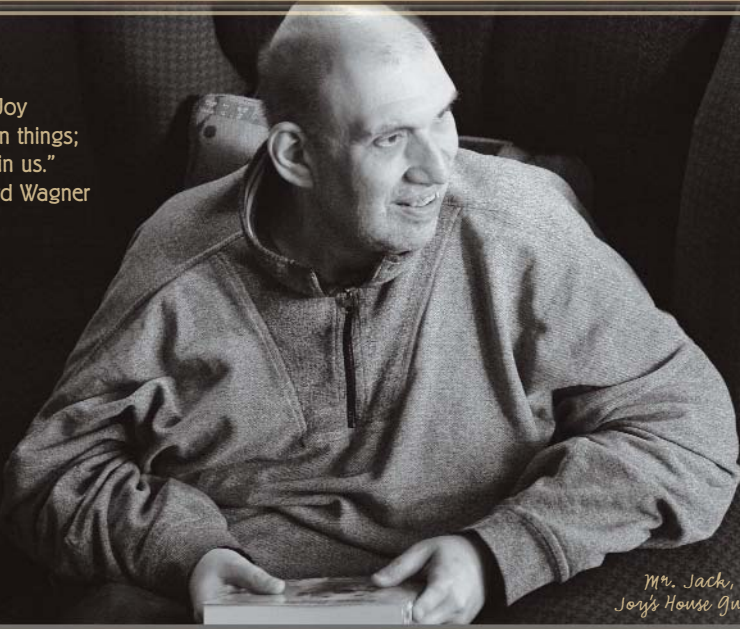


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*Mary*

"Joy  
is not in things;  
it is in us."  
- Richard Wagner

*Mr. Jack,  
Joy's House Guest*



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>May</b> <small>Care and Community for Adults</small>	1 May is Older Americans Month!	2 Interested in serving on the Black Tie Bingo Gala committee? Call Amy, 254-0828	3	4	5 Cinco de Mayo Indianapolis Mini Marathon	
6	7	8	9	10	11	12 Spring Flower Sale Pick-up
13 Mother's Day Thank the moms in your life for their love and dedication	14	15	16	17 Tell five people about adult day service today	18	19 Armed Forces Day
20	21	22	23	24	25	26
27 Indianapolis 500	28 Memorial Day (Joy's House Closed)	29	30 Play in the rain	31	<b>notes:</b> <hr/> <hr/> <hr/>	



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June

Miss June, Joy's House Guest

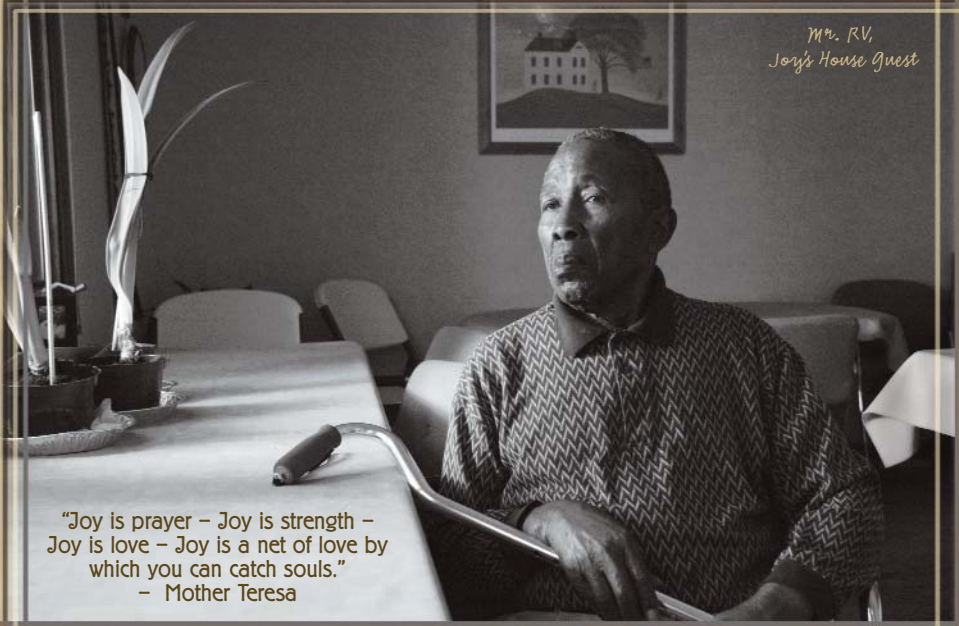


"Surely joy is the condition of life." – Henry David Thoreau

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>June</h1>		notes: _____ _____ _____			1	2
3	4	5	6	7	8	9
10	11	12	13	Flag Day 	15	16
Father's Day Hug a dad!	18	19	20	21	22	
24	25	Become a <i>Joy of the Journey</i> supporter for as little as \$25 per month	27	28	29	30
		Visit Union Savings Bank for all your banking needs! 317-841-2222				



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July



*Mr. RV,  
Joy's House Guest*

"Joy is prayer – Joy is strength –  
Joy is love – Joy is a net of love by  
which you can catch souls."  
– Mother Teresa

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Canada Day 1	2	Joy's House Closes at Noon) 3	Independence Day (Joy's House Closed) 4	5	6	7 Go on a picnic
8	9	10	11 Happy 8 <sup>th</sup> Birthday Lexi Lawson!	12	13	14
15 Enjoy the sunshine	16	17 CARE Plan caregiver meeting at Joy's House	18	19	20	21
Parents' Day 22	23	24	25 Support Joy's House Drop in the Bucket campaign ...	26	27 ... Every drop adds up!	28
29	30	31	 <span style="font-size: 2em; font-family: cursive;">July</span>			
<div style="display: flex; justify-content: space-between;"> <div style="text-align: left;">  <p>Union Savings Bank A Subsidiary of U.S. Bancorp Financial strength begins with US.</p> </div> <div style="text-align: center;"> <p>Visit Union Savings Bank for all your banking needs! 317-841-2222</p> </div> <div style="text-align: right;">  <p>EQUAL OPPORTUNITY LENDER</p> </div> </div>						

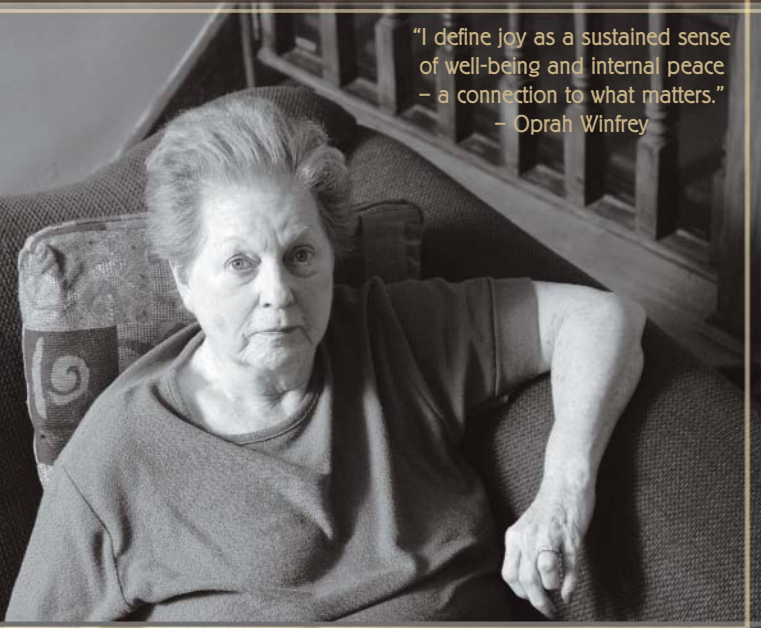
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 \_\_\_\_\_

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August

"I define joy as a sustained sense  
of well-being and internal peace  
– a connection to what matters."  
– Oprah Winfrey

Miss Gerry,  
Joy's House Guest



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>August</h1>			1	2	3	4 Happy Birthday Jeff McIntosh!
5	6	7	8	9	10	11
12	13	14	15 Make lemonade	16	17	18 Wear sunscreen
19 Smile!	20 Don't forget to order your fall mums from Joy's House	21	22	23	24 Caregiver "drive-by breakfast" at Joy's House	25
26	27	28	29 Sign up now for A Day Away Caregiver Retreat	30	31	notes: _____ _____ _____

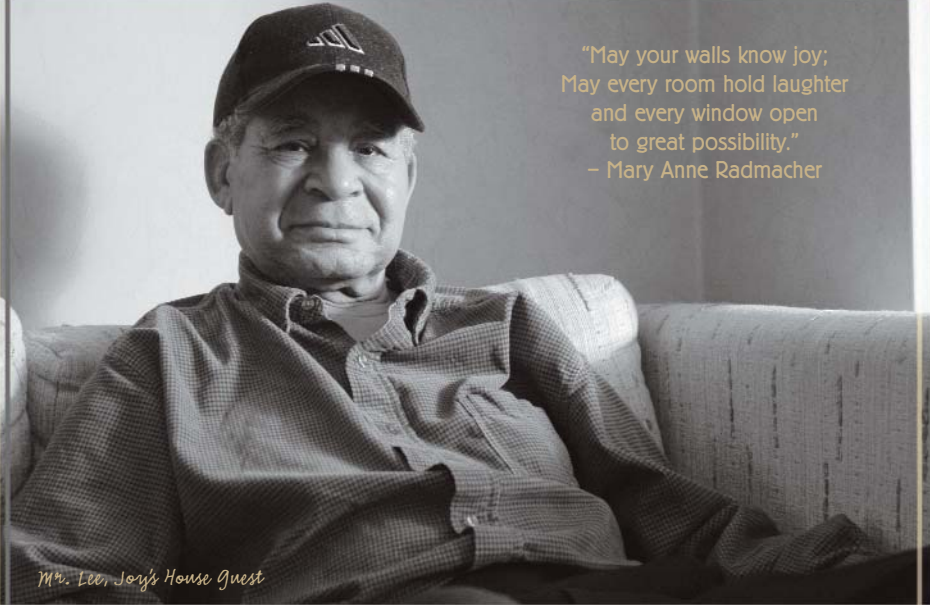


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September



"May your walls know joy;  
May every room hold laughter  
and every window open  
to great possibility."  
- Mary Anne Radmacher

*Mr. Lee, Jory's House Guest*

Sunday Monday Tuesday Wednesday Thursday Friday Saturday



# September

notes: \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

1

2 Walk barefoot in the grass	3 Labor Day (Joy's House Closed)	4	5	6	7	8
9 Grandparents' Day	10	11 Happy Birthday, Carnie Jarvey-Lawson!	12	13 Rosh Hashanah	14	15 Fall Mum Sale Pick-up
16	17 Citizenship Day	18	19	20	21	22 Yom Kippur DAY <i>anyway</i> Caregiver Retreat <small>tentative date - please check www.joyshouse.org for updated info.</small>
23	24	25	26	27 Sukkoth Begins	28 Native American Day	29
30						



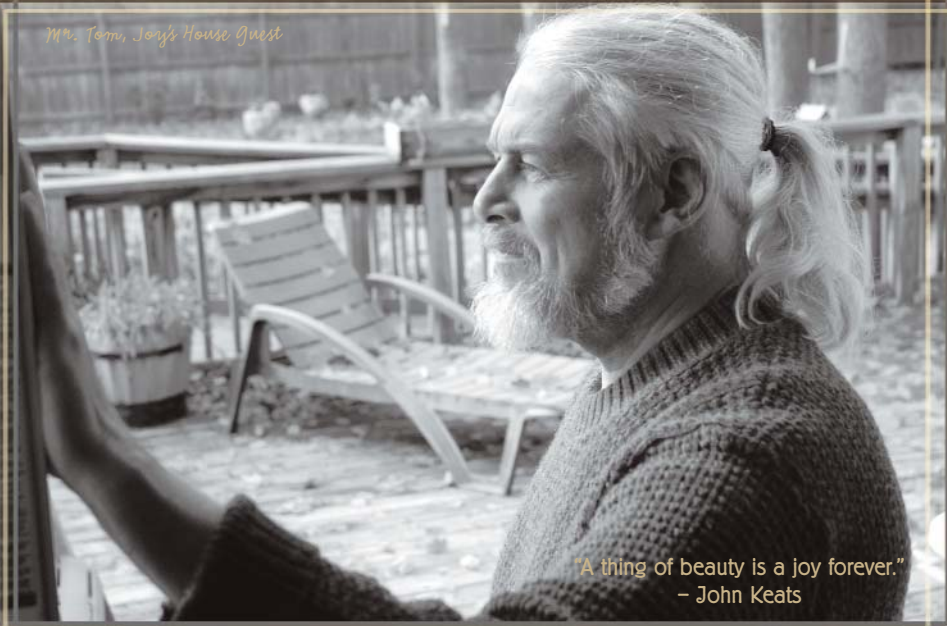
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October

Mr. Tom, Joy's House Guest



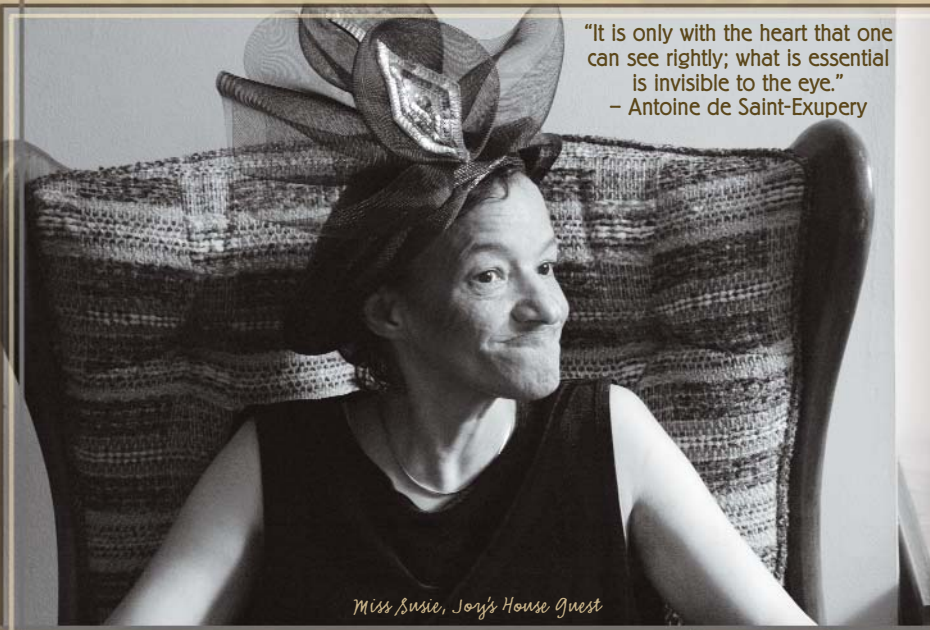
"A thing of beauty is a joy forever."  
- John Keats

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
notes:	Child Health Day 1 <b>Do you have your Black Tie Bingo Gale tickets?</b>	2	Last Day of Sukkoth 3	4	5	6
JL, Happy anniv.!! Love, R	Columbus Day Observed 8	9	10 Laugh out loud!	11	12	13
14	15	National Boss's Day 16	17	18	19	Sweetest Day 20 <b>Joy's House Black Tie Bingo Gale</b> tentative date - please check <a href="http://www.joyshouse.org">www.joyshouse.org</a> for updated info.
21	22	23	24	25	26	27
28	29	30	Halloween 31 Trick, or treat?	 <span style="font-size: 2em; font-family: cursive;">October</span>		
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November

"It is only with the heart that one  
can see rightly; what is essential  
is invisible to the eye."  
- Antoine de Saint-Exupery



*Miss Susie, Joy's House Guest*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Care and Community for Adults	<h1>November</h1>			1 Happy 7 <sup>th</sup> Birthday Joy's House!	2	3
Daylight Savings Time Ends 4 Set your clocks back one hour	5	Election Day 6 Remember to vote	7	8	9	10
Veterans Day 11	Veterans Day Observed 12	13	14	15	16 Joy's House Holiday Lunch	17
18	19	20 CARE Plan caregiver meeting at Joy's House	21	22 Thanksgiving Day (Joy's House Closed) Give thanks for friends!	23 (Joy's House Closed)	24
25	26	27	28	29	30	notes: _____ _____ _____



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December

*Miss Jennifer, Joy's House Guest*



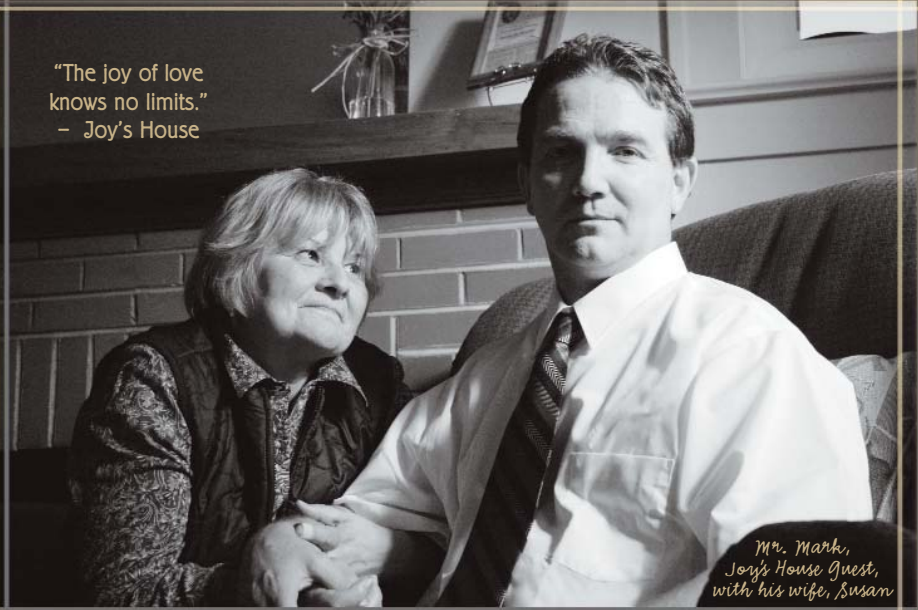
"Sometimes your joy is the source of your smile,  
but sometimes your smile can be the source of your joy."  
- Thich Nhat Hanh

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1>December</h1> <p>notes: _____            _____            _____</p>						1
2	3 Pick an ornament from our tree and give a gift to a Guest	4	5 First Day of Hanukkah	6	7 Pearl Harbor Remembrance Day	8 
9	10	11	12 Last Day of Hanukkah	13	14	15
16 Bake holiday cookies	17	18	19 	20	21	22
23 Christmas Eve (Joy's House Closed)	24 Christmas Day (Joy's House Closed)	25 Boxing Day (Canada) Kwanzaa Begins	26	27	28	29
30 New Year's Eve Kwanzaa Ends (Joy's House Closes at Noon)	31 <i>Happy 3<sup>rd</sup> Birthday, Lila! Love, Mommy &amp; Daddy</i>					
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# January

"The joy of love  
knows no limits."  
- Joy's House



*Mr. Mark,  
Joy's House Guest,  
with his wife, Susan*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>January</i>		Happy New Year! (Joy's House Closed) 1	2	3	4	5 Taste a snowflake
		6	Interested in serving on the Reverse Raffle committee? Call Amy, 254-0828 7	8	9	10
13	14	15	16	17	18	19
20	Martin Luther King, Jr. Day 21	22	23	24	25	26
27	28	29	30	31	notes: _____ _____ _____ _____	
 Union Savings Bank <small>A Subsidiary of U.S. Bancorp</small> Financial strength begins with US.		Visit Union Savings Bank for all your banking needs! 317-841-2222			 Joy's House <small>Care and Community for Adults</small>	

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# About Caregiving

Family caregivers provide a vast array of emotional, financial, nursing, social, homemaking and other services on a daily or intermittent basis.

Caregiving means re-evaluating finances, re-evaluating job opportunities and making compromises.

Caregiving is learning how to work with doctors and other healthcare professionals so they treat you as an important member of your loved one's healthcare team.

Caregiving is the joy you feel when your spouse says he/she felt good today.

Caregiving is hard work. Caregiving is pain. Caregiving is loving and giving and sharing. Caregiving is accepting and learning new things and going on, and on, and on.

... Caregiving is all this and a whole lot more.

©2009-2005 National Family Caregivers Association

The Administration on Aging estimates that more than 22.4 million U.S. households are currently serving in family caregiving roles for persons over the age of 50. Currently, one out of every four people is a caregiver for a family member or friend.

- Aging in Place, University of Indianapolis, Center for Aging & Community, September, 2004

Recent research indicates elder care surpasses child care as a leading cause of employee absenteeism," said Marilyn Hartle, a national consultant on elder care.

- The News Sentinel, Ft. Wayne, Indiana, 2002

Indianapolis seniors will almost double, from 95,500 in the year 2000 to 187,500 in 2040.

- The Advantage Initiative, CIOA, December, 2004

Both male and female children of aging parents make changes at work in order to accommodate caregiving responsibilities. Both have modified their schedules (men 54%, women 56%). Both have come in late and/or leave early (men 78%, women 84%) and both have altered their work-related travel (men 38%, women 27%).

- MetLife Mature Market Institute, Sons at Work: Balancing Employment and Eldercare, June 2003.

Family caregivers who provide care 36 or more hours weekly are more likely than non-caregivers to experience symptoms of depression or anxiety. For spouses the rate is six times as high.

- Cameron, C.C., C. Jones, I. Kawachi, G.A. Colitz, L. Berleman and E. Rimm, "Depression of family lines: A longitudinal assessment of informal caregivers and mental health status in the nurses' health study. American Journal of Public Health 92:105-111, 2002.

For over 75% of family caregivers it was the act of helping their loved one with personal care that contributed to their self-identification.

- National Family Caregivers Association, Survey of Self-Identified Family Caregivers, 2001.

Caregiving families tend to have lower incomes than non-caregiving families.

- National Family Caregivers Association (NFCA) Random Sample Survey of Family Caregivers, Summer 2000

Family caregivers comprise 13% of the workforce.

- Wagner, D. and Neal, M., "Working Caregivers: Issues, Challenges and Opportunities for the Aging Network", National Family Caregivers Support Program, Program Development Issues Briefs, Administration on Aging, DHHS, 2002.

American businesses can lose as much as \$34 billion each year due to employees' need to care for loved ones 50 years of age and older.

- MetLife Mature Market Institute and National Alliance for Caregiving, MetLife Caregiving Cost Study: Productivity Losses to U.S. Business, July 2006.

## Calendar Thanks!

... to Union Savings Bank, particularly Leigh Ann Clayton and Louis Beck, for their incredibly generous support as presenting sponsor for this beautiful piece.

... to our wonderful Guests, our calendar participants (see page 3). We appreciate you and are so glad that we get to spend our days together.

... to Angie Cinnamon, for her outstanding photography.

... to Betsy Stark of Beef & Boards for her wonderful makeup services on our Guest "models."

... to those caregivers, advertisers and donors who help make this calendar and all of Joy's House events possible.

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*"There is no greater joy nor greater reward than to  
make a fundamental difference in someone's life."  
- Sister Mary Rose McGeady*

## Our Volunteers

Joy's House would not be where it is today without the amazing support from countless **volunteers**. Although by no means a complete list, we would like to take a moment to recognize the following groups and individuals who have repeatedly and tirelessly gone above and beyond for us in 2005 and 2006:

Joy Beghtel  
Debra Clements  
Erin Hedges  
Martha Hockett  
Rosie & Mike Houk  
Patty Jones  
Kelle Lindenberg  
Sara Miner  
Patty Splitter (and her dog, Louie)  
AARP Day of Giving  
The Assistance League of Indianapolis  
Common Ground Christian Church  
Indiana CPA Society Day of Service  
Paws N Think Animal Assisted Therapy

*"Anybody can be great ... because anybody can serve."  
- Martin Luther King, Jr.*

Special Thanks

## Ways to Get Involved at Joy's House

No matter what your level of involvement, we welcome and appreciate your support!

### PROVIDE FINANCIAL SUPPORT

This may be designated for **General Operating** funds, the **Expansion/Capital Campaign** and **Guest Scholarships**. Contributions above \$300 are recognized in our **Joy of the Journey** listing.

Donations may be made through our **direct mail campaigns**, which include **Drop In the Bucket** (summer) and our **Holiday mailer** (winter), as well as at anytime via regular mail and on-line at [www.joyshouse.org](http://www.joyshouse.org).

Additionally, ways to help us include letting us know if your company offers **matching gifts**, naming Joy's House as a **beneficiary** in your will and/or insurance policy(ies); and giving gifts of **stock**.

As always, since Joy's House is a 501(c)(3) not-for-profit organization, donations are **tax deductible**.

### SUPPORT OUR FUNDRAISING EVENTS

**Corporate partnership**, **volunteering**, donating auction or other in-kind items and door prizes, serving on event planning **committees**, and **attending** events as a participant (and bringing friends) are just a few of the ways to get involved!

Annual events for Joy's House include the **Ripple Run**, the **Reverse Raffle**, **A Day Away Caregiver Retreat** and the **Black Tie Bingo Gala**.

Other activities that support Joy's House include the **Spring Flower Sale** & **Fall Mum Sale**, where proceeds support Guest scholarships;

**advertising** in the newsletter or Annual Report; hosting a **Special Friends** of Joy's House **project** (for example, a cornhole tourney or a golf scramble); and purchasing **Holiday gifts** for our Guests.

### CONTRIBUTE TO OUR WISH LIST

Joy's House is always in need of items such as office supplies like copy paper and printer ink, stamps, toilet paper, paper towels, hand soap and other household items. We can also use decaffeinated coffee, adult protective undergarments, and men's and women's socks, casual pants and tops, to name a few.

### VOLUNTEER

Just ask us! We have an array of areas where we can use your help. Helping with decorating or registration at a special event, doing administrative work such as data entry or addressing envelopes, or providing manual labor such as yard work are just a few of the ways to get involved.


Joy's House also has daily activities that provide opportunities for direct interaction with our Guests, such as craft projects, painting nails, reading, taking a walk in the garden, offering pet therapy, etc.

We also have opportunities for professional consultation services, and we welcome any opportunity to create links for donors, sponsors, caregiving with your friends, co-workers, family, etc.


And always let us know what we can do to support you! We have a sincere interest in helping to take care of people who care for others.

Experience Joy!

"Only a life lived for others is a life worthwhile." – Albert Einstein




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*Thank you for supporting Joy's House!*



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*Annual Report / Calendar*

Photography & Design by Angie Cameron